

"Anand Charitable Trust's"
ANAND HOMOEOPATHIC MEDICAL COLLEGE & HOSPITAL
PHULEWADI ROAD, VAIJAPUR


ANNUAL TEACHING PLAN (ATP) FOR FIRST YEAR BHMS BATCH: 2025 – 2026

DEPARTMENT OF HUMAN ANATOMY

SEMESTER.	DR ANTHONY PATOLE	DR. SURJITSING RAJPUT.	DR. VARSHA GORE	DR. CHANDRASHEKAR JANGAM
1.	UPPER LIMB (35)	HISTOLOGY (20) UPPER LIMB (15)	GENERAL ANATOMY (20)	EMBRYOLOGY (25)
2.	HEAD, NECK & FACE (40)	CENTRAL NERVOUS SYSTEM (30)	THORAX (25)	CENTRAL NERVOUS SYSTEM (10)
3.	ABDOMEN AND PELVIS (40)	LOWER LIMB (35)	ABDOMEN AND PELVIS (15)	LOWER LIMB (15)

TOTAL LECTURE FOR SEMESTER	THEORY	PRACTICE
I. SEMESTER	115 hrs	102 hrs
II. SEMESTER	105 hrs	90
III. SEMESTER	105 hrs	138
IV. TOTAL LECTURE	325	330

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DR ANTHONY PATOLE

SEMESTER I	TOPIC NAME	NO OF HRS
1. NOV. 25	Brachial plexus Mammary Gland Shoulder Joint	5
2. DEC. 25	Shoulder Joint Median nerve and wrist joint Muscles of scapular region	5
3. JAN. 26	Muscles of shoulder region Back and Intermuscular spaces around scapula Arm- Post. Aspect PERIODICAL I	5
4. FEB. 26	Radial nerve Forearm – superficial extensor Forearm- Deep extensor	5
5. MAR. 26	Forearm- Deep extensor Elbow joint Radioulnar joint Extensor retinaculum	5
6. APR. 26	Ulnar nerve Hand- post. Aspect Pectoral region	5
7. MAY. 26	Pectoral region Arm- Ant. Aspect Musculocutaneous Nerve Cubital fossa	5
SEMESTER II		
8. JUNE 26	Introduction to HNF Ear Tongue Face- muscles Contents of Orbit Lachrymal apparatus TERMINAL EXAM I	7
9. JULY 26	Extraocular muscles Ant. Triangle of neck Post. Triangle of neck Common & Internal carotid artery External carotid artery	7
10. AUG.26	Sternocleidomastoid muscle Fascia's of neck Suboccipital triangle of neck Contents of vertebral canal Cranial cavity Supra & Infra hyoid muscle PERIODICAL EXAM II	7

11. SEP. 26	Vertebral artery Scalp Eyeball Oral cavity Pharynx	7
12. OCT. 26	Larynx Eustachian tube Parotid gland Submandibular gland Thyroid gland TERMINAL EXAM III	6
13. NOV. 26	Muscles of mastication Jugular vein Lateral wall of Nose Revision	6
SEMESTER III		
14. DEC. 26	Introduction to Abdomen. Development of Abdominal organs Oesophagus Stomach Duodenum	7
15. JAN. 27	Small intestine Revision Caecum Appendix Large intestine	7
16. FEB. 27	Large intestine Rectum Anal canal. Liver Abdominal aorta PERIODICAL EXAM III	7
17. MAR. 27	Female genital system Post. Abdominal wall Male reproductive system	7
18. APR. 27	Male reproductive system Ant. Abdominal wall Pancreas Gall Bladder	6
19. MAY. 27	Spleen Kidney Supra renal gland Ureter PRELIUM EXAM	6
	TOTAL	115

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DR. SURJITSING RAJPUT.

SEMESTER I	TOPIC NAME	NO OF HRS
1. NOV. 25	Modern concept of cell, tissue & systemic structure Connective tissue Connective tissue Histology lectures-General Epithelial tissue	6
2. DEC. 25	Epithelial tissue Nervous tissue Skin Skin Lymphoid organs Lymphoid organs	6
3. JAN. 26	Cartilage Blood vessels Blood vessels Glands Glands Bone	6
4. FEB. 26	Muscle Revision Revision Forearm- superficial flexors Forearm- deep flexors	6
5. MAR. 26	Median nerve Forearm- deep flexors Flexor retinaculum Brachial artery, Ulnar artery	6
6. APR. 26	Radial artery Venous drainage of upper limb Anatomy – Seminar on nerves of upper limb Wrist joint Integrated lecture with Surgery on Joints of Upper limb Tutorial	6
7. MAY. 26	Palmar aponeurosis and spaces in palmar spaces Intrinsic muscles of hand Revision Revision SUMMER VACATION	4
SEMESTER II		
8. JUNE 26	Introduction to Brain III rd Ventricle and IV th Ventricle Pons TERMINAL EXAM I	5
9. JULY 26	Medulla Spinal cord Lateral Ventricle Cerebrum Sulci & gyri	5

10. AUG.26	Cerebrum Sulci & gyri Areas of cerebrum Corpus callosum White matter of cerebrum PERIODICAL EXAM II	5
11. SEP. 26	Internal capsule Basal ganglia Midbrain Blood supply of brain Meninges	5
12. OCT. 26	CSF Thalamus Cerebellum Revision TERMINAL EXAM II	5
13. NOV. 26	Cranial nerves including special senses. Revision DIWALI VACCAION	5
SEMESTER III		
14. DEC. 26	Introduction to lower limb Hip Joint Knee Joint Arches of foot	6
15. JAN. 27	Arches of foot Sacral Plexus Gluteal region Back of thigh	6
16. FEB. 27	Sciatic nerve Popliteal fossa Lat. Compartment of leg PERIODICAL EXAM III	6
17. MAR. 27	Post. Compartment of leg Femoral, popliteal & tibial artery Ankle joint	6
18. APR. 27	Ankle joint Peroneal nerve Median compartment of thigh Obturator nerve	6
19. MAY. 27	Femoral Triangle Front of thigh & Tensor Fascia Lata Femoral vessels PRELIUM EXAM	5
	TOTAL	100

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DR. VARSHA GORE

SEMESTER I	TOPIC NAME	NO OF HRS
1. NOV. 25	Modern concepts of cell and its components Cell division, types with their significance Basic tissues Basic tissues	4
2. DEC. 25	Basics of General Anatomy Definition & Subdivision of Anatomy History of Anatomy Anatomical Terms, Position & Movements	4
3. JAN. 26	Superficial and Deep fasciae Muscles Bones PERIODICAL EXAM I	3
4. FEB. 26	Bones Blood vessels Joints	3
5. MAR. 26	Nerves Lymphatic system Glands: types and classification	3
6. APR. 26	Genetics - DNA & RNA Chromosomes, Genes, Genetics- Inheritances- Genetics- chromosomal abnormalities	3
7. MAY. 26	SUMMER VACATION	
SEMESTER II		
8. JUNE 26	INTRODUCTION TO THORAX Trachea Development of Heart and lung Pericardium and Heart TERMINAL EXAM I	5
9. JULY 26	Lungs and pleura Coronary circulation	4
10. AUG.26	Diaphragm Trachea Thoracic Duct Oesophagus PERIODICAL EXAM II	4
11. SEP. 26	Aorta sup. Vena cava Azygous vein	4

12. OCT. 26	Mediastinum Inf. Vena cava Tutorial TERMINAL EXAM II	4
13. NOV. 26	Seminar (2) Radiology lecture Revision	4
SEMESTER III		
14. DEC. 26	Urinary bladder	2
15. JAN. 27	Pelvic diaphragm Portal venous system Peritoneum	3
16. FEB. 27	Peritoneum Extrahepatic biliary apparatus PERIODICAL EXAM III	2
17. MAR. 27	Extrahepatic biliary apparatus Walls of pelvis Revision (1)	3
18. APR. 27	Revision (2)	2
19. MAY. 27	Revision (3) PRELIM EXAM	3
	TOTAL	60

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Department Of Human Anatomy

Dr. Chandrashekhar Jangam

SEMESTER I	TOPIC NAME	NO OF HRS
1. NOV. 25	Male & Female reproductive organs (2) Spermatogenesis Oogenesis	4
2. DEC. 25	Fertilization (1) Formation of Germ Layers, Tissue formation & classification (3)	4
3. JAN. 26	Notochord (1) Yolk Sac (1) Amniotic Sac (1) +Developmental embryogenic disk (1)	4
4. FEB. 26	Placenta (1) Development of abdominal organ (2) Development of cardiovascular system (1)	4
5. MAR. 26	Development of nervous system (2) Development of body cavities (2)	4
6. APR. 26	Development of respiratory system (2) Development of urogenital system (2)	4
7. MAY. 26	Revision (1) SUMMER VACATION	
SEMESTER II		
8. JUNE 26	Cranial nerves including special senses. TERMINAL EXAM I	2
9. JULY 26	Cranial nerves including special senses.	2
10. AUG.26	Cranial nerves including special senses. PERIODICAL EXAM II	2
11. SEP. 26	Cranial nerves including special senses.	1
12. OCT. 26	revision TERMINAL EXAM III	1
13. NOV. 26	Revision	2
SEMESTER III		
14. DEC. 26	Ant. Compartment of leg	2
15. JAN. 27	Venous drainage of lower limb	2
16. FEB. 27	Saphenous vein PERIODICAL EXAM III	2
17. MAR. 27	Retinaculum (Lat., Ant. & medial)	2
18. APR. 27	Sole of foot	2

19. MAY. 27	Femoral vessels Femoral nerve PRELIUM EXAM	3
	TOTAL	50

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ADVANCE TEACHING PROGRAMME - 1stB.H.M.S(2022).

Academic Year-2025-26

Total Number of Hours as per N.C.H: -330 (PRACTICALS)

SR. No./ MONTH	<u>TOPICS-2 HOURS EACH</u>	<u>FACULTY</u>	<u>NO OF HRS.</u>
	1ST TERM- UPPER LIMB (NOV. 2025 -MAY.2026)		
1.	Introduction to Superior extremity/ UPPER LIMB	DR PATOLE, DR. RAJPUT	2
2.	Clavicle	"	2
3.	Scapula	"	2
4.	Humerus	"	2
5.	Radius	"	2
6.	Ulna	"	2
7.	Articulated hand	"	2
8.	Surface Markings in upper extremity	"	2
9.	Pectoral region	"	2
10.	Axilla	"	2
11.	Back & Shoulder	"	2
12.	Arm: Front & Cubital fossa and Back of the arm	"	2
13.	Front of Forearm & palm of hand	"	2
14.	Front of Forearm & palm of hand	"	2
15.	Back of Forearm & Dorsum of Hand	"	2
16.	Joints of upper extremity	"	2
17.	Radiology of upper extremity	"	2
18.	Epithelial tissue: Simple & Stratified	"	2
19.	Epithelial tissue: Simple & Stratified	"	2

20.	Connective tissue: Loose/Areolar & Adipose	"	2
21.	Connective tissue: Cartilages	"	2
22.	Connective tissue: Compact bone (L.S, T.S) Spongy bone	"	2
23.	Muscle tissue: Skeletal (L.S, T.S), Smooth and Cardiac	"	2
24.	Nervous tissue: Peripheral nerve (T.S) Nerve fiber (L.S)	"	2
25.	Skin: Thick, Thin	"	2
26.	Lymphoid organs: Spleen, Thymus	"	2
27.	Lymphoid organs: lymph node, tonsil	"	2
28.	Blood vessels: large artery, Medium sized artery, large vein.	"	2
29.	Glands: Serous, Mucous, Mixed	"	2
	TOTAL		58
30.	SECOND TERM: (JUN.-2026 TO NOV.26) Introduction to Thorax	"	2
31.	Sternum. Ribs: Typical & Atypical	"	2
32.	Thoracic vertebrae: Typical & Atypical	"	2
33.	Surface Marking	"	2
34.	Surface Marking	"	2

35.	Anterior Thoracic wall, Intercostal space & contents	"	2
36.	Pleura & Lungs	"	2
37.	Pleura & Lungs	"	2
38.	Contents of superior mediastinum & Pericardium	"	2
39.	Heart: External features	"	2
40.	Interior of Heart with valves of heart	"	2
41.	Contents of posterior Mediastinum	"	2
42.	Radiological anatomy	"	2
43.	Revision	"	2

<u>Systemic histology</u>			
44.	Trachea & Lungs	"	2
<u>Head Face Neck</u>			
45.	Introduction to Head Face Neck	"	2
46.	Skull	"	2
47.	Skull	"	2
48.	Skull	"	2
49.	Mandible	"	2
50.	Hyoid bone	"	2
51.	Cervical vertebrae: Typical & Atypical	"	2
52.	Surface Markings in head, neck & face	"	2
53.	Scalp	"	2

54.	Face	"	2
55.	Posterior triangle of neck	"	2
56.	Anterior triangle of neck	"	2
57.	Back of neck	"	2
58.	Cranial cavity & Contents of vertebral canal	"	2
59.	Cranial cavity & Contents of vertebral canal	"	2
60.	Deep dissection of neck	"	2
61.	Orbit & Eyeball	"	2
62.	Ear	"	2
63.	Parotid region	"	2
64.	Temporal & infratemporal region	"	2
65.	Sub mandibular region	"	2
66.	Mouth, Tongue & Pharynx	"	2
67.	Nose & Larynx	"	2
68.	Temporo-Mandibular joint & joints of Neck	"	2
69.	Radiological anatomy of Head, Neck and Face	"	2
70.	Revision	"	2

	<u>Systemic Histology</u>		
71.	Thyroid & parathyroid Gland	"	2
72.	Pituitary Gland	"	2
	<u>CENTRAL NERVOUS SYSTEM</u>		
73.	Introduction to CNS	"	2
74.	Parts of the brain	"	2
75.	Parts of the brain	"	2
76.	Spinal cord	"	2
77.	Ventricles (model)	"	2
78.	Radiology of brain	"	2
79.	Revision		2
	<u>Systemic Histology</u>		
80.	Nervous Tissue – cerebellum & cerebrum	"	2
	TOTAL		102
3RD TERM- INFERIOR EXTREMITY- (DEC. 2026 TO MAY.2027)			
81.	Introduction to Inferior Extremity	"	2
82.	Hip Bone	"	2
83.	Femur & Patella	"	2
84.	Tibia	"	2
85.	Fibula	"	2
86.	Articulated Foot	"	2
87.	Surface Marking	"	2
88.	Front of thigh	"	2
89.	Front of thigh	"	2
90.	Medial side of thigh	"	2
91.	Gluteal region	"	2
92.	Back of thigh & Popliteal fossa	"	2
93.	Front of Leg & Dorsum of Foot	"	2
94.	Leg: Medial, Lateral	"	2
95.	Back of Leg	"	2
96.	Sole of Foot	"	2
97.	Sole of Foot	"	2

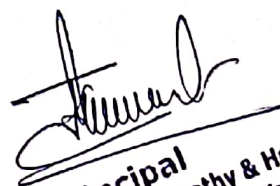
98.	Joints of the lower extremity	"	2
99.	Radiology lower extremity	"	2
100.	Revision	"	2
	<u>ABDOMEN & PELVIS</u>	"	
101.	Introduction to Abdomen	"	2
102.	Lumbar Vertebrae	"	2
103.	Sacrum and joints	"	2
104.	Articulated Pelvis: Male & female	"	2
105.	Surface Marking	"	2
106.	Surface Marking	"	2
107.	Anterior abdominal wall	"	2
108.	External genitalia of Male	"	2

109.	Abdominal cavity: Positions & Relations of viscera, Peritoneum, Greater & Lesser sac	"	2
110.	Stomach & Spleen		2
111.	Small intestine (Jejunum & Ileum) & Large intestine		2
112.	Duodenum & Pancreas		2
113.	Liver, Gall bladder & blood vessels of Digestive system		2
114.	Kidney & Suprarenal gland		2
115.	Posterior Abdominal wall & Diaphragm		2
116.	Walls of the pelvis & Pelvic cavity : position & relations of viscera, Perineum		2
117.	Urinary bladder, Urethra & Prostate		2
118.	Ovary, Uterus, Fallopian tubes, Vagina		2

119.	Sigmoid colon, Rectum & Anal canal	"	2
120.	Radiological anatomy	"	2
	Systemic Histology		
121.	Digestive system: Basic structure of GIT	"	2
122.	Digestive system: Liver & Gall bladder, Pancreas	"	2
123.	Urinary system: Kidney, Ureter, Suprarenal gland	"	2
124.	Male Reproductive system: Testis & Prostate	"	2
125.	Female Reproductive system: Ovary, uterus	"	2
	TOTAL		90
	NON-LECTURE – TOTAL 80 HOURS		
126	SEMINAR AND WORKSHOPS – 10 HOURS		
127	GROUP DISCUSSION – 10 HOURS		
128	PROBLEM-BASED LEARNING – 10 HOURS		
129	INTEGRATED TEACHING – 15 HOURS		
130	CASE-BASED LEARNING – 10 HOURS		
131	SELF-DIRECTED LEARNING – 15 HOURS		
132	TUTORIAL/ASSIGNMENT/PROJECT – 10 HOURS		

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