

Anand charitable trust
Anand college of Homoeopathy, Vaijapur
Department of Homoeopathic Materia Medica
Annual teaching Plan
FIRST BHMS (2025-26)

Sr No.	Name of the Teacher	Designation	Hrs./week
1.	Dr. Abhishek Kulkarni	Professor	1
2.	Dr. Umesh Kothari	Asso. Professor	1
3.	Dr. Kirti Golwalkar	Assist. Professor	1
4.	Dr. Shraddha Salve	Assist. Professor	1

Distribution of Topics

Monthly Session Plan

Term 1: Dec 2025 - Apr 2026

Month	Dr Abhishek Kulkarni (Prof.)	Dr. Umesh Kothari (Asso. Prof.)	Dr Kirti Golwalkar (Asst. Prof.)	Dr. Shraddha Salve (Asst. Prof.)
Dec 2025	Intro HMM with Definition (2 lectures),	Scope, sources (2lectures)	Arnica montana (2)	Bryonia alba (2)
Jan 2026	Types of MM (1)	History, construction (2)	Ledum pal (2),	Natrum mur (2)

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Month	Dr Abhishek Kulkarni (Prof.)	Dr. Umesh Kothari (Asso. Prof.)	Dr Kirti Golwalkar (Asst. Prof.)	Dr. Shraddha Salve (Asst. Prof.)
Feb 2026	Recapitulation + Case-based learning (2)	Comparison, session integration (2) Recap + Group discussion (2)	Practical: Observation, student tutorials (3) Tutorials (1)	Sources, (1) Calendula (2), Hypericum (2),
Mar 2026	Review, Q&A, MCQ/Quiz Preparation (2) Group discussion (1)	Baryta carb (2), Tutorials, Doubt clearing (2)	Calcarea carb (2) Rhus tox (2),	Ruta (2) Revision of drug pictures (2)
Apr 2026	Term Assessment, viva, feedback (1) Internal assessment: Group assignment (1)	Silicea (2)	Sulphur (2),	Symphytum (2)

Non-Lecture: Case-based learning, group discussions, tutorials by all teachers as per rotation.

Term 2: May 2026 - Sep 2026

Month	Dr Abhishek Kulkarni (Prof.)	Dr Umesh Kothari (Assoc. Prof.)	Dr Kirti Golwalkar (Asst. Prof.)	Dr Shraddha Salve (Asst. Prof.)
May 2026	Theory: Biochemic system, comparison (3),	Dulcamara (2) Apis mellifica (2)	Arsenic Alb (2), Belladonna (2),	Chamomilla (2), Cina (2), Tutorials (1)
Jun 2026	Colocynth (2), Theory recapitulation (2)	Aloe soc (2), Aconite nap (2)	Dulcamara (2), Gelsemium (2)	Ignatia (2), Lycopodium (2),
Jul 2026	Nux vomica (2), Practical discussion (2)	Carbo veg (2), Case-based learning (2)	Cinchona (2) Tutorials, Assignments (2)	Biochemic salts: Calc Flour (1), Calc Phos (1), Calc Sulph (1),
Aug 2026	Integrative session: symptomatology across drugs (2)	Cocculus (2), Revision, Case study, MCQ practice (2)	Pulsatilla nig. (2) Student assignment supervision (2)	Natrum Phos (1), Natrum Sulph (1) Tutorials, practice MCQs (2)
Sep 2026	Colchicum (2), Term assessment, viva, feedback (2)	Term assessment, assignment (2)	Podophyllum (2), Feedback, group revision (1)	Final biochemic salt sessions (2)

Non-Lecture: Clinical demonstrations (OPD), group discussions, problem-based learning and live case presentation in rotation and under supervision of each faculty.

Term 3: Oct 2026 - Feb 2026

Month	Dr Abhishek Kulkarni (Prof.)	Dr Umesh Kothari (Assoc. Prof.)	Dr Kirti Golwalkar (Asst. Prof.)	Dr Shraddha Salve (Asst. Prof.)
Oct 2026	Introduction to Term III drugs, Aethusa cyn (2),	Ammon Carb (2), Ammon Mur (2)	Antim Crud (2), Antim Tart (2)	Arum triph (2), Borax (2),
Nov 2026	Coffea cruda (2), Croton tig (2)	Drosera (2),	Natrum Carb (2),	Biochemic salts: FerrPhos (1), Kali Mur (1), Kali Phos (1),
Dec 2026	Allium cepa (2)	Hepar Sulph (2) Recap: Drug portraits and clinical application (2)	Spongia (2) Tutorials, student feedback (2)	Mag Phos (1) Biochemic salt practicals (2), group discussions (1)
Jan 2027	Revision of scope/limitations, integration session (2)	Assessment prep: MCQ, viva, assignments (2)	Final revision and group assignments (2)	Tutorials, student presentations (2)
Feb 2027	Tutorials, Doubt clearing, Integration session (2)	Euphrasia (2), Tutorials (1)	Tutorials (1) Ipecacuanha (2),	Kali Sulph (1) Tutorials (1)
Mar 2027	Final assessment, viva voce, feedback (2)	Practical assignment: drug portrait, case study (2)	Student feedback and group discussion (1)	Comparison and correlation lectures, wrap-up (2)
Apr 2027				

Subject Allocation Summary


- Introduction, theory, philosophy, scope: Dr Abhishek Kulkarni
- Major polychrest and applied drugs, clinical integration: Dr Umesh Kothari
- Complementary & remaining drug groups, case discussion: Dr Kirti Golwalkar
- Biochemic system, all tissue salts, non-lecture/assessment: Dr Komal More

Teaching & Learning Methods Across All Months

- **Lectures:** Drug picture, philosophy, symptomatology, scope
- **Tutorials:** Small groups, focused doubt clearing, assignments, integration
- **Case-Based Learning:** Observation, discussions live and on paper
- **Problem-Based Learning:** Clinical scenarios, group assignments, MCQs
- **Practical Sessions:** OPD/IPD observation, drug portrait presentations
- **Assessment:** MCQ, SAQ, LAQ, viva, assignments.

Assessment Schedule

- **Internal Assessments:** Monthly/Term-wise (MCQ, SAQ, assignments supervised by allocated faculty)
- **Term Exam (Theory & Practical):** End of each term
- **Final University Assessment:** April 2026 (Theory, Practical, Viva Voce, Internal marks)


HOD
DEPARTMENT OF HMM
ANAND COLLEGE OF HOMOEOPATHY
PHULEWADI ROAD, VAIJAPUR



Principal

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